

HOW TO IMPROVE YOUR PERSONALITY

Personality is the only thing that defines a person. It determines his/her future, job opportunities, life and...you know it. If, for example, I have a good personality, then I will have a high chance of being successful in many areas. But if my personality is bad, then I can't hope for a good life or job and I will have to work very hard, which is a thing I don't like to do! And I guess most of the people are like me, if I am normal. (I hope I am!)

So, how will I improve my personality? Well, before getting there, let's know why improving personality is necessary.

IMPROVEMENT OF PERSONALITY IS NECESSARY BECAUSE:

- Improving your personality makes you better.
- Improvement in personality makes you confident.
- Improvement in personality makes you feel comfortable.
- A person with improved personality has good chances in job opportunities, school activities, business and relationship.
- A person with a personality is known by various people... Even if he or she doesn't know them.

These are some of those benefits you get after you have improved your personality (and also at the time when you're improving it.)

But again, who should improve their personality? Everybody. Because, nobody is perfect. And we should try to be better. BUT we should also remember that... We will never be perfect, but we can still be better than the one we were tomorrow.

THIS E-BOOK IS HELPFUL FOR THOSE WHO:

- Want to be better.
- Want to come out of the "useless" category.
- Want to make a mark in the society.
- Think themselves as a fault and want to improve it.
- Want to be unique and good than rest of the people.

If you are any one of those people who wants to or thinks of themselves as it was given above, then this little book is going to be very beneficial for you.

Let's return to our main topic: how to improve ourselves, or yourselves?

THESE ARE THE STEPS TO IMPROVE YOURSELF:

Step #1: Finding the faults.

Let's get it straight. You and I want to "improve" ourselves. It surely means, then, we have faults (and also we are not perfect; we have faults, we make mistakes). So, after each time you make a mistake or each time you see someone else make a mistake, write it down. And find the faults in yourself and write it down.

Briefly:

- Watch the mistakes you make and write it down on a paper or a diary.
- Watch the mistakes someone else makes (but don't tease them!) and write it down on a paper.
- Find the faults you have and write it down. (It will be hard, trust me.)

For example: I have two faults - Say, 1. I tease people. 2. I am not muscular.

Step #2: Eliminating the problems.

You've found your faults and you have written them down. Now it's time to eliminate them, delete them for ever and ever. Here's how you'll do it:

- Build a strategy to eliminate the problem.
- Try not to repeat the mistakes.
- Learn from others' mistakes by not committing them.

Wait, you might be confused on the first bullet point: *how the heck do I build a strategy? I don't even play games like that, meh*, might be your response. I'm explaining buddy. See, you too know that we can't be better overnight. So, we have to advance gradually. Divide the eliminating process into few days.

For example: I want to stop teasing others. I will control my urge to tease others today, keep distance from the group who teases others tomorrow, stop teasing the day after tomorrow, and so on.

Secondly, I want to build body. It won't happen overnight, so I will exercise, do pull-ups, push-ups, for 40 days.

These two were the main steps in this guide. There is one more step, and that one is not to be taken too lightly.

Step #3: Inculcating good habits.

Nooo! I don't want to be your mom or dad or your kindergarten teacher. But, inculcate good habits. You have already found your mistakes and eliminated them. 66% of the battle is over. Just inculcate some good manners like: being helpful, kind, peaceful, friendly, **awesome, romantic, amazing, unique, popular**, in yourself and you'll have your mission finished by 100%!

That's all fellas! End of this guide book. Please let me know if it was helpful on my email: sazzpost@gmx.com.

ABOUT ME:

Hi, I am **Shade Cruz**, founder of SazzPost (<http://sazzpost.wordpress.com>). I am an eight grader student, studying at a private school in Assam, India.

I like blogging, writing, and reading. With the combination of these three hobbies—blogging, writing and reading—I presented this e-book. I am not a personality adviser, but I write on this topic because I like the topic. I know a thing or two on topics like personality, blog, love, etc.

