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28days.Asweadvanceinage,thisprogressionslowsdown,which



causes tedious, worn-out looking skin. Using exfoliants daily with copper peptide merchandise melts dead, flakey skin tissue, rouse collagen manufacturing, greatly lowers lines and crease, builds flexibility, stabilizes your skin, rectifies sun injure and age acne, lessens pore size, levels out skin quality and destroys bad skin. When your skin continues to exfoliate, it is obligated to produce new cells. Therefore, you can reverse aging and have your skin glow as it did when you were in your early 20s. Try the following.

Rinse your face with a microfiber fabric and water. You don't have to use a cleanser. Facial cleansers supply additional slide, and you will not enjoy the remuneration of the exfoliation that microfiber offers. Moreover, you will not upset the pH level on your skin. They are excellent for all skin nature. Microfiber is an influential exfoliation tool; use it, and you will observe the difference.

Use a tried and tested anti-aging serum. Copper peptide is the best product in the market that is well known for its ability to hold back aging. These products come in two forms: there is the mild version and the advanced called the X2 (super copper peptide). It is recommended that you start with the mild then as you progress change to the X2.

Moisturize your skin. Once you apply anti-aging products, follow it up by rubbing on a moisturizer that is able to draw and fasten water to your skin. Go for products, which have ingredients like squalane or sodium PCA, Hyaluronic Acid (these acids give an extra advantage of having a firm skin). Stay away from using grave, artificial ingredients because they will block pores on the skin and that heaviness will cause it to droop.

To wrap up, apply an SPF. After using an anti-aging serum and moisturizing, you will be having new

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skin, which is exfoliated and should be sheltered from harmful UVA/UVB waves. Keep in mind that these UV rays will penetrate glass, computer displays, clouds, and glowing lights. Don't exfoliate if you will not use the SPF. Get the SPF 30 with an extra antioxidant combined with other anti-aging components as argireline, retinal, and the alpha lipoic acids. Turn around aging and get back your glow.

## **Anti-aging Vitamin C Serum**



<http://vitamincserum.healthpro.org/facia...>

[PCA Skin Serum - Reverse Aging By Using Exfoliation & Copper Peptide](#)