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This article explains the 9 different types of intelligences that humans have. In other words, there are various types of smartness in us. Read more.. There are 9 different types of intelligence communication methods that humans possess. Actually, there could be more but these following 9 intelligences have been recognized: Natural, Musical, Logical-Mathematical, Existential, Interpersonal, Body - Kinesthetic, Linguistic, Intra - Personal and Spatial Intelligence. In other words, you could say that people can be:

- nature smart



- musical smart
- number smart
- people smart
- body smart
- self-smart
- picture smart

Each intelligence communication method is explained in this article together with advice of *how to specifically develop each within your own intelligence structure.*

## **1. Naturalist intelligence (Nature Smart)**

The ability to discern our surroundings. People with a high level of perception and knowledge application of nature (plants, animals, rocks, etc.) , and such a sensitivity to such, in way that is discriminatory, usually possess naturalist intelligence. Such ability is valued greatly with hunters, gardeners and farmers as such intelligence allows them greater efficiency in their activities of choice. Such intelligence usually make great landscapers, geologists, farmers and marine biologists. If one would like to develop this intelligence in oneself, they could: escape from their home and spend more time with nature This can include: hiking and biking through forests, meadows, mountains, etc. to explore the rivers, trees, plants and animals.

## **2. Musical intelligence (Music Smart)**

These individuals have an extreme understanding for music pitches, rhythms, timbre and tone. This perception of music allows them the ability to compose, sing, conduct and play music that benefits many others, to a point of great liking of such musical participation. Those who are musically intelligent can connect their music to their emotions and do so in a highly productive

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and acceptable way. You can also miss certain sounds or aspects of music that a musically intelligent individual will notice. In other words, to sum it all up, they have an excellent ear for music. Such intelligence usually make great musicians, singers, music directors and record producers. If one would like to develop this intelligence in oneself, they could: Learn a musical instrument. This gives them the opportunity to learn the basic tones, rhythms and pitches of music to better develop their hidden musical senses.

### **3. Logical-Mathematical Intelligence (Number/Reasoning Smart)**

With this intelligence, individuals are abstract thinkers and are logical and reasoning people who can calculate in their head and hypothetical as well. With this group of thinking, relationships and connections are perceived, and even with symbolic, inductive and deductive thoughts as well. Such intelligence usually make great scientist, doctors, researchers and lawyers. If one would like to develop this intelligence in oneself, they could: Join a math club. This move will allow them to learn how other people of this intelligence interacts and how they use certain strategies is particular math problem situations that one may have no clue about.

### **4. Existential Intelligence**

Having the ability for human existence. This intelligence gives those with it, the perception on larger questions of existence such as: why do we die, the meaning of life, are there ghosts, where is heaven and how did we get here, and, not be afraid to answer the questions in the process. Such intelligence usually make great theologians, philosophers and scientists. If one would like to develop this intelligence in oneself, they could: Study subjects on such topic. Once information on such topic have been understood, the researcher can practice speaking on what they've learned to others, until they're most comfortable.

### **5. Interpersonal Intelligence (People Smart)**

This intelligence allows an individual to perceive the qualities for interacting with others. These individuals are really good with people and are successful during social gatherings and interactions. They can read and empathize with people very well with both nonverbal and verbal communication. You can expect this type of intelligence holder to be a leader, as great communication and people understanding are two of their strongest skills. Such intelligence usually make great managers, counselors, coaches, teachers and even actors. If one would like to develop this intelligence in oneself, they could: Socialize more. Meet new people and learn more about them while learning how to respond with interesting conversation that recipients are interested in knowing.

### **6. Body - Kinesthetic Intelligence (Body Smart)**

This intelligence allows individuals to discern how to manipulate objects and use their physical skills in a skillful manner to do so. These individuals enjoy moving their body, can build things and will stay active as long as they can. They are better learners when they are moving. Such

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intelligence usually make great carpenters, dancers, athletes and firefighters. If one would like to develop this intelligence in oneself, they could: Play a sport. With time and dedication, such activity will shape and develop this intelligence and allow their to better experience the results of their efforts.

### **7. Linguistic Intelligence (Word Smart)**

This intelligence allows an advantaged recognition for words and can allow individuals to use them creatively in various forms and formats. They will read, write, and learn new languages. They can also explain what they've read and do so effectively. You can find this intelligence enjoying the complex meanings of different words. Such intelligence usually make great editors, preachers, public speakers and politicians. If one would like to develop this intelligence in oneself, they could: Keep a written journal of all things of interest. They can jot down thoughts and how they feel on particular subjects and do so quite often. They can even create a complete story about topics as well.

### **8. Intra-personal Intelligence (Self Smart)**

With this intelligence, an individual can have good discussions with their own self. This means that they are quite adept at communicating with his or her unconscious mind. Their thoughts and feelings are in complete inclusion as they are creating direction in their lives. They appreciate not only themselves but also other humans as well. People with this kind of intelligence also tend to tolerate stress better as they can communicate with themselves on a high level. This intelligence, allows for looking inward for the answers to figuring out their life approaches. Such intelligence usually make great psychologists, philosophers and theologians. If one would like to develop this intelligence in oneself, they could: Practice motivating self. Standing in front of a mirror, often, and speaking positive words to one self to boost confidence and character is ideal, and can help an individual reach goals that they've set out to accomplish.

### **9. Spatial Intelligence (Picture Smart)**

This intelligence allows an individual to discern three dimensionally. These people are artistic and can remember their surroundings in an images format. You can notice that such intelligence can manipulate images in a creative way and will use their imagination often. Such intelligence usually make great artists, architects, graphic designers and photographers. If one would like to develop this intelligence in oneself, they could: Play chess or do puzzles. These activities possess extreme thinking and strategizing methods, in which can develop memory for visual representations. These are the complete 9 types of intelligence communication methods. Anyone can develop a sense of each but, there are people who are born with an advantaged ability of one or more of such intelligences over others. Read more: [Human Intelligence: The Theory of Multiple Intelligences](#)

A Human Intelligence Hot Topic reporting on Howard Gardner's Theory of Multiple Intelligences.

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