

Blumberg signal – Rebound tenderness



Blumberg signal (or Rebound tenderness high quality sign) is elicited with the aid of palpating slowly and deeply over a viscus and then unexpectedly freeing the palpating hand. If rebound tenderness is superb then the patient reviews ache. The signal is explained through the reality that sluggish stretching of the abdominal wall via deep palpation followed by means of surprising launch of this pressure stimulates the parietal peritoneum which, if inflamed, produces pain. Rebound tenderness isn't usually a dependable signal and have to be interpreted with warning, specifically in the ones sufferers with a low pain threshold.

Rebound tenderness is normally carried out as a part of physical exam of a affected person of appendicitis. [Rebound tenderness](#) is also named advantageous Blumberg's sign.

Note that it refers to the ache due to the removal of the strain, in preference to the pain because of strain (tenderness).

What does Blumberg's sign indicate?

Blumberg's sign is finished in the course of the bodily examination of a affected person, typically arriving at the hospital or emergency department with the bitch of abdominal ache.

The wonderful Blumberg's sign suggests peritonitis.